

BOORLEY PARK NEWSLETTER 22

HEADTEACHER'S MESSAGE

Welcome back to school after the February Half Term! We hope you had a restful and enjoyable break.

This week, our assembly focused on the importance of taking pride in all aspects of school life. We discussed how taking pride in ourselves, our learning and our school environment makes us feel and the children shared lots of fantastic examples of when they felt really proud. Whether it's tackling a challenging problem or celebrating small successes, the effort put into learning builds not just knowledge but also a strong sense of pride in progress.

Additionally, we talked about how wearing our school uniform with pride reflects our respect for our school community and the values we share. It's a visible sign of our commitment to representing the school in the best possible way. We also emphasised the significance of treating one another with kindness and respect. Whether in the classroom, on the playground, or in the hallways, the way we interact with each other helps foster a positive and supportive environment for everyone. I have really enjoyed hearing different examples of children being proud of themselves throughout the week!



INSPIRING MINDS

This week Year R returned to school excited and enthused to continue their Drawing Club journey. The children all actively engaged during drawing club sessions this week and enjoyed using their imagination to delve deeper into the story 'Mixed'. Linking to the book, we have also had lots of class discussions about the concept of being 'unique'. This week we have talked about how we are all unique and celebrated our differences!



NURTURING FUTURES

This week, we sent out a survey asking for your feedback on the use of SeeSaw as a tool for staying informed about your child's learning and homework. Your input is invaluable to us as we continue to enhance the ways in which we communicate and support your child's educational journey.

SeeSaw has been an important tool in helping families stay connected to the classroom, but we want to ensure it works in the best way possible for both children and parents. Whether you find it helpful or feel there are areas for improvement, your thoughts are crucial in guiding our decisions moving forward.

If you haven't already, please take a moment to complete the survey using the link below. Your opinions make a real difference in shaping how we nurture and support the children.



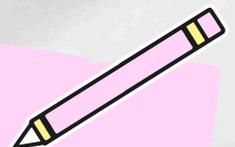
STRENGTHENING COMMUNITY



This year, we are excited to be supporting Comic Relief and joining in the national effort on Friday 21st March to raise funds for those in need. Our school will be taking part in a 'dress in red' to help raise awareness and encourage contributions. All proceeds will be going to the charity. We strongly support any individual efforts from our Boorley families for Comic Relief - please share any events you host on SeeSaw. It's a fantastic opportunity for us to come together as a community and show our support for those who need it most. We encourage everyone to get involved, have fun and help make a difference!

Google link to the Seesaw survey:

<https://forms.gle/ACKUeD1uzfcs3sVG8>



SAFEGUARDING NOTICES

Encouraging healthy relationships among primary-aged pupils is vital for their development. Talk to your children about the importance of standing up for themselves and seeking help from trusted adults when needed. Empower them by reinforcing that they have the right to make their own choices. By fostering open communication and mutual respect, you can help build your child's confidence and resilience, contributing to a positive and supportive environment both at home and at school.



KEY DATES

March 2025

Thursday 6th March - World Book Day

Friday 7th March 2:30pm Year R Afternoon tea for someone special - In the hall

Thursday 13th March Year 3 Trip to Staunton Country Park

Wednesday 19th March 1:30-1:45pm Listen2Me Violin concert for Wren Class - In the hall

Thursday 20th March 2:30-3:15pm Year 1 Parent Workshop-Sewing - Year 1 classrooms

Friday 21st March - Red Nose Day

Wednesday 26th March Year 1 Trip to Marwell Zoo

Thursday 27th March 2:30-3:00pm Year 2 Parent Workshop-Life Cycles - Year 2 classrooms

Monday 31st March Choir Performance (Time TBC)

April 2025

Tuesday 1st April Year 3 & 4 show - 9:30am

Tuesday 1st April 2:45-3:15pm Year 5 Parent Workshop - Food Tasting - In the hall

Wednesday 2nd April Year 3 & 4 show - 2:00pm

Thursday 3rd April PTA Easter Disco (Time TBC)

Friday 4th April - Last Day of Term

Monday 7th April - Monday 17th April Easter Holidays
Tuesday 22nd April - INSET day - School closed to all pupils

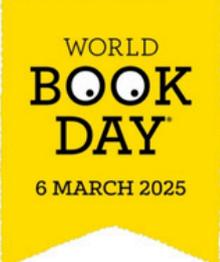
Wednesday 23rd April - First Day of Term

Friday 25th April - Year 2 Trip to Sea City Museum



PTA CORNER

Don't miss our first ever Boorley Bars chocolate sale on 6th and 7th March! Will you find a golden ticket? Prizes include free Playshack entry, Smyths Toys vouchers and much more!



Will you find a golden ticket?



Chocolate bars £2 each



The PTA has done its best to source a product (Galaxy Smooth Milk 100g) which it believes to be free from nuts. A dairy free option (Nomo Creamy Choc 85g) is also available. Please follow the QR codes for nutritional information.

**On sale after school 6th & 7th March
(cash only)**

Prizes include:

- 9 x £10 National Book Tokens
- 9 X £10 Smyths Toys Vouchers
- 2 x One entry (any age) admission to Play Shack
- A selection of books
- 10 minutes additional time on the play trail for your class
- Hot chocolate and biscuits with Miss Cunningham
- 15 minutes bonus Golden Time for your class
- An extra library session for your class
- 10 house points for your House team

Sponsored by:



Find us on the gated playground at 3.15pm.

Galaxy and Nomo (dairy free) chocolate bars - £2

There are over 40 exciting prizes to be won, including Playshack entry and Smyths Toys vouchers!

Will you find a golden ticket?

Our next general meeting is on Wednesday 5th March online at 8pm. Everyone is welcome, even if you have not had any previous involvement with the PTA or are not looking to join. Find us on Facebook or email boorleyparkpta@gmail.com to request the meeting link.

We hope to see you there!
From all of our Boorley Park PTA volunteers

10 Top Tips for Parents and Educators

ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

5 TEACH PROBLEM-SOLVING

Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

7 TEACH EMPATHY

'Healthy friendships' doesn't always mean 'perfect.' Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

10 SPOT THE SIGNS

We can't always supervise young people: sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



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