

PE

Intent, Implementation and Impact

Intent

At Boorley Park, we want every child to leave our school with a positive relationship with physical activity and a deep understanding of the importance of maintaining a healthy, active lifestyle. Through our PE curriculum, we aim to instil confidence, resilience, teamwork, and perseverance—core values that reflect Boorley Park's ethos.

We want children to leave with:

- Competence in a range of physical activities, from fundamental movement skills to competitive sport and expressive movement.
- A strong sense of fair play, sportsmanship and mutual respect.
- The ability to reflect on their performance and set personal goals for improvement.
- Enjoyment and motivation to continue being physically active beyond primary school.

PE at Boorley Park embodies our values of inspiring minds, nurturing futures, and strengthening communities by empowering pupils to develop physical skills, confidence, and resilience, while learning to collaborate, lead, and support one another.

Our PE curriculum is carefully mapped out to ensure coherence and progression across all year groups. From Reception to Year 6, the curriculum builds on prior knowledge and skills in a structured way, so that children revisit and deepen their understanding and physical competencies over time. We ensure a minimum of two hours of high-quality PE each week for every child, in line with national expectations.

We are fully inclusive in our approach. All pupils, regardless of background, ability or additional needs, are supported to engage with the curriculum and thrive. Adaptations are made where necessary so that everyone can participate meaningfully and make progress.

Our long-term plan reflects national curriculum requirements, progression in physical literacy, and seasonal opportunities (e.g. Athletics in summer).

The sequence ensures a logical build-up of complexity—for example:

- Invasion games start with basic sending/receiving in Year 1 and build to full gameplay strategy in Year 6.
- Gymnastics begins with static balances in EYFS and leads to complex sequences using apparatus by Upper Key Stage 2.

<u>Implementation</u>

Our PE curriculum is underpinned by a clear programme of study, built in alignment with the National Curriculum and the progression model outlined in our chosen scheme 'PE Planning'. The curriculum is designed to:

- Establish outcomes for each year group, defining what children should know and be able to do by the end of each unit and key stage.
- Develop key knowledge, including understanding rules, tactics, and health-related fitness, alongside essential physical skills such as throwing, catching, travelling, balancing, and sequencing.
- Provide broad and balanced coverage across all key areas, including invasion games, dance, gymnastics, athletics, net games, striking and fielding, and swimming.
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- Ensure units are carefully sequenced so that pupils revisit and deepen their understanding of key physical, cognitive, and social skills over time.
- Children in Year 4 attend weekly swimming lessons for a half term.

To further enrich the curriculum, pupils take part in inter-house sports coaching at lunchtimes and Friday inter-house competitions, giving them opportunities to practise and apply skills, experience healthy competition, and develop teamwork and leadership. Across the year, KS2 pupils also participate in festivals, competitions, and themed sports days, extending learning beyond lessons and strengthening our school community.

Assessment in PE is primarily formative, supporting ongoing adjustments to teaching, with summative judgements made at the end of each unit. Inclusive practice underpins all lessons, ensuring all pupils can participate through appropriate adaptation, celebration of diverse role models, and a strong focus on cooperation, respect, and belonging. The subject is monitored to ensure consistency and quality, and pupils demonstrate clear progression in skills, confidence, engagement, and their ability to apply learning beyond the lesson.

Impact

The impact of PE at Boorley Park is seen in pupils' strong progress, high engagement, and positive attitudes towards physical activity. Internal tracking and lesson observations show clear development in physical skills, confidence, and participation across all year groups, with particularly positive outcomes for pupils involved in inclusive or targeted provision.

Pupils increasingly retain and apply knowledge, recalling rules, tactics, and key vocabulary, and demonstrating a growing understanding of warm-ups, the effects of exercise on the body, and the values of fairness and teamwork. The progressive curriculum enables pupils to build on prior learning, apply skills in new contexts, and develop the confidence, competence, and awareness needed for a healthy and active lifestyle.

Pupils with SEND are fully included and supported to make meaningful progress, and children consistently express enjoyment, pride, and a willingness to take on leadership and represent the school.